



MIKID
Mentally Ill Kids in Distress

ISSUE 5

July-September

MIKID MESSAGE

Statewide Youth Driven Food Drive POSTER CONTEST

Are you between the ages of 5 and 18 years old? Do you like to draw? Would you like to make a difference?

MIKID, FIC, DBHS and the Statewide Family Committee of Arizona is accepting posters that raise awareness on poverty, with poverty comes hunger and hunger is an evil that looks families and youth in the eye everyday.

Grand prize winner will be featured on the 2011 Statewide Youth Driven Food Drive Poster.

Rules:

Only one entry per person; entrants must be between the ages of 5 to 18 years old.

Deadline is September 30,2011; no late entries ac-

cepted.

Use 8 1/2 by 11 paper only. We must be able to scan your work. You may use paint, chalk, pencil, charcoal, or crayon.

Fill out section below and attach it to your art work. If e-mailing art work, include the information in the tear off section in your email.

All submitted artwork will become the property of MIKID and will not be returned.

In addition the overall winner and family will win a weekend stay at Homewood Suites In Yuma . Other prizes will be awarded.

SUBMIT YOUR ARTWORK !

Deadline Friday, September 30,2011

Mail to Deana Salter, Terry Gilbert or Carlos Valenzuela

MIKID 100 E. 24th St. Ste 1
Yuma, Arizona 85364 or Email to yuma@mikid.org



Feeding the Community

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COMMUNITY HEROES and a BOOK

Homewood Suites By Hilton and MIKID are proud to support Literacy in Children.

Heroes in the community from all over the community join us to support literacy in children by reading their

favorite story.

When: Sat September 17th 2011 11am -1pm

Where: Homewood Suites 1955 E. 16th street.

Compassion is a call, a demand of nature, to relieve the unhappy as hunger is a natural call for food.

-Joseph Butler

MIKID's MISSION

MIKID believes: Most families are multi-stressed, not "dysfunctional".

The focus should be on the strengths

Not the flaws.

Planning of services should be a joint effort of the family and professional.

Parents know their children best.

Mikid was formed in 1987 by Phoenix parents to assist each other in seeking proper mental health care for their children.

Assistance: MIKID staff is available to assist parents with various issues related to helping their children.

Education: MIKID provides monthly education sessions to parents on topics relevant to the challenges faced by families with mental issues.

Parent Support Groups.

Referrals to resources.

Leadership and System Transformation.



Clothing Closet

MIKID has created a closet clothing for our consumers who are in need. We welcome all contributions from winter coats to summer shorts. We are in need of **EVERYTHING** boy and girls all ages as well as shoes. We also accept contributions in adult sizes. This service is offered to our families and community at no charge.

MIKID FOOD Pantry

Are you in need of food and have exhausted all other options?

Please know we can help.

For more information call us at 928-726-2191 for more information and/or an appointment.

MIKID ACERS Youth Council now in South County

ACERS

Awareness

Change

Education

Recognition

Support

The Acers San Luis/ Somerton Youth Advisory Council is striving to end the stigma associated with the mental health by educating the community and ourselves about challenges youth face everyday.

I know sometimes you feel so helpless sometimes you feel like you can't win sometimes you feel so isolated you will never feel that way again

EAGLES

Acers -South County (San Luis/Somerton)

Acers is a group of intelligent youth from all walks of life. We work together to tell others our story.

Resource Center Family and Military Resources

Resource center has many resources such as. Understanding PTSD. It covers such things as What is PTSD and where to get help. We also have videos that help children for example Mr. Poe & Friends it discusses family reunions and after deployment. And also have military youth coping with

separation. We also have Such things as Supporting our babies and toddlers reunification, Naf human resources office, Operation Kid comfort. There is also a Military Spouse Magazine witch is absolutely FREE!



New MIKID Volunteer Program

We are proud to announce our new volunteer program here at MIKID. A volunteer at our office would work on a variety of tasks. Our volunteers would keep the resource are up to date and full. Also they will work on keeping our clothing closet organized and maintain the food pantry and much much more....

If your interested in becoming a member of our volunteer program please contact Deana Salter at 928-726-2191.



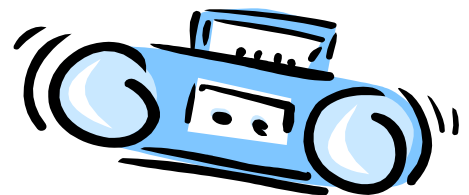
EMPLOYEE OF THE MONTH

Roger Wong

Community and Center-based Respite

Provider / Living skills

CONGRATS ROGER!!!!



They ROCK!