



Tucson MIKID

Statewide Youth Driven Food Drive Poster Contest

MIKID, Family Involvement Center, Arizona Department of Health Services and the Statewide Family Committee of Arizona are having a poster contest to be used for the statewide Youth driven food drive.

Contact MIKID 882-0142 for an official entry form or email your submission to Yuma@mikid.org

Submissions must be received by September 30, 2011

The Grand Prize Winner will be featured on the 2011 Statewide Youth Driven Food-drive Poster.

The overall winner and their family will win a weekend stay at the Homewood Suites in Yuma.



Pima Federal Credit Union School Supply Drive to Benefit MIKID

Pima Federal Credit Union held their 1st ever school supply drive to benefit MIKID from 7/5/11-8/5/11. All PFCU locations participated by having a collection box for members and employees to drop off

school supplies in their lobby. With the numerous supplies donated to MIKID, we were able to provide children with the tools they needed to start the new school year. We are so grateful for the wonderful

support Pima Federal Credit Union employees and their members have given to MIKID!

MIKID-Mentally Ill Kids in Distress

Volume 1, Issue 1

September 2011

Special points of interest:

- ☺ Must be submitted by September 30, 2011
- ☺ Entrants must be between 5-18 years old
- ☺ Poster on 8 1/2 x 11 paper only
- ☺ Poster may be done in paint, chalk, pencil, charcoal or crayon
- ☺ All submitted artwork becomes the property of MIKID

Inside this issue:

Back to School Night	2
Options	2
Fundraisers for Elves	2

Back to School Night

MIKID held our 1st ever Back to School Night on August 10, 2011. From 4:30 pm - 6:30 pm. Families were treated to a hotdog dinner to start the evening off.

Some families chose to spend the evening relaxing while watching Rio and eating popcorn while others chose to have a fun



filled evening playing air hockey.

School supplies provided by Pima Federal Credit Union were then distributed to the children to help them start the year off with everything they need to be successful in school.

A good time was had by all!



OPTIONS- Offering Parents and Teens Information on Needless Suicide

MIKID is happy to present the OPTIONS program as a service now available. OPTIONS is an in school mental health/suicide prevention education program. Susan Moreno, our newest parent mentor travels to various schools to help educate students about mental illness and suicide signs and symptoms. OPTIONS focuses on the awareness and education of de-

pression and suicide prevention. We believe that the OPTIONS education program will help reduce the stigma and discrimination against mental illness. The OPTIONS program teaches teens that treatment works and early diagnosis and proper medical treatment will increase the success rate for recovery.

"Thanks for making it easier for me to talk about suicide to my friend. I know now how to talk to her and where to get help."-16 year old OPTIONS attendee

2011 Elves' Project Fundraising

This year is different than years past when it comes to raising money for our Elves' Project. In the past we were able to team up with Borders to gift wrap books for donations. The closing of the Borders Book Stores this year will not allow us that opportunity and we are having to explore new avenues to raise donations to ensure we have a successful Elves'



season. We have started fundraising early to help raise the funds needed. At this time we have had two fundraiser days at different Peter Piper Pizza locations and 1 fundraiser day at Oreganos. We will continue to look for new ways to generate revenue and donations to ensure another successful Elves' Project.